

# Nebosh Diploma Unit ND1 – Know: Workplace Health & Safety Principles

Course Timetable February/March 2026



Date	Learning Outcomes – you will be able to...	Topics
<b>Tuesday 17 Feb</b>	Source, develop, evaluate and interpret relevant health and safety information (such as legislation, guidance, best practice, procedures) and communicate it effectively to those who need it, both within your organisation and those affected by your organisation’s activities such as contractors and insurers.	Health and safety Regulations Prosecutions/ Enforcement Civil Law / Damages and liability Occupiers’ liability Lawful discrimination Insurers
<b>Wednesday 18 Feb</b>		
<b>Thursday 19 Feb</b>	Promote an positive health and safety culture by: <ul style="list-style-type: none"> <li>• Gaining commitment and participation</li> <li>• Engaging, supporting and influencing leaders (and others) to change attitudes and behaviour and make health and safety a priority</li> </ul>	Organisational structures Leadership / Consultation Health & safety culture Behavioural change programmes Traditional and proactive safety management Risk perception Human failures and factors Improving human reliability
<b>Tuesday 24 Feb</b>		
<b>Wednesday 25 Feb</b>		
<b>Thursday 26 Feb</b>	Assess, develop and maintain individual and organisational health and safety performance	Competence, training, information and supervision High Reliability Organisations
	Understand risk management including the techniques for identifying hazards, the different types of risk assessment, considerations when implementing sensible and proportionate additional control measures and developing a risk management strategy	Hazard identification techniques Managing health and safety risks Risk management strategies

Date	Learning Outcomes – you will be able to...	Topics
<b>Tuesday 3 March</b>	Develop and implement proactive and reactive health and safety monitoring systems and carry out reviews and auditing of such systems Organisational Factors	Loss causation Quantitative analysis of data Measuring and monitoring Reviewing performance
<b>Wednesday 4 March</b>		
<b>Tuesday 10 March</b>	Continually develop your own professional skills and ethics to actively influence improvements in health and safety by providing persuasive arguments to workers at all levels	The role of the health and safety professional Effective communication and negotiation skills Use of financial justification to aid decision making
	Develop a health and safety policy strategy with your organisation (including proactive safety, Corporate Social Responsibility and the change management process)	Societal factors Corporate Social Responsibility Organisation change
<b>Wednesday 11 March</b> (Assessment release date)	Contribute to health and safety legal actions	Civil proceedings – contribute to a defence against damages claims / Coroners Inquests Contribute to a criminal proceedings defence Ethical issues
	Manage contractors and supply chains to ensure compliance with health and safety standards	Selection of contractors Managing health and safety within supply chains
<b>Thursday 12 March</b>	Discussion workshop Diploma ND1 Assessment	
<b>10 April 2026</b>	ND1 Assessment submission date	