

Face Fit – Train the Tester



Who should attend?

- It is a legal requirement that respiratory protective equipment is tested to ensure it fits correctly in order to provide the protection your workers need.
- Our Train the Tester course is designed for companies who have several workers who require face-fit testing and would like to be able to conduct the face-fit tests themselves.
- Undertaking training to face-fit test your own staff is a very cost-effective way to achieve the testing you need at a time and place that suits you.



Course content

The course covers:

- Common respiratory hazards and their effect on the body
- Legislation and guidance on face-fit testing requirements
- How to set up equipment and how to look after it
- Selection and fitting of masks
- The sensitivity test
- Practical face-fit testing
- We will use a 3M FT30 face-fit testing kit and supply several respiratory protection options to show the pros and cons of each.

NB: You will need to source your own test kit and respiratory protective equipment to use after the course



Assessing learning outcomes

- Delegates must pass a short theory test and a practical assessment on their ability to conduct an effective test



Course duration

- Approx 3 hours



Refresher training

- We advise a refresher after 5 years



Please bring

- Examples of RPE you issue to your workforce are useful



Need more help?

- We can undertake face-fit testing for your workers if you need it
- If you require further support with occupational health, please ask and we can offer assistance through our partners.
- Exposure to some hazardous substances requires health monitoring and surveillance



Visit www.hcssafety.co.uk for dates and prices

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Course programme guide

Theory Session

- Common respiratory hazards in the workplace
- Focus on respirable crystalline silica
- Focus on MDF and timber dusts
- Inhalable and respirable
- Lung function
- Maximum exposure limits
- Problem solving to manage risk appropriately

Practical Session

- The face fit test kit
- The equipment
- Selection of RPE
- Mask fitting
- The sensitivity test
- Fit test exercises
- Recording your testing
- Theory test

