National Pool Supervisor Qualification (NPSQ)



Who should attend?

- The National Pool Supervisor Qualification (NPSQ) is a two-day course aimed at staff responsible for supervising lifeguards and managing essential health and safety within a leisure centre or swimming pool environment.
- The NPSQ course is suitable for lifeguards wishing to progress in their career or for employers wanting to upskill their employees to mange lifeguards, team members and essential health and safety. It is ideal for newly appointed Leisure Supervisors or Duty Managers.
- This qualification is aimed at candidates aged 18+.

🔁 Course content

The course content ensures you have;

- Knowledge of why Risk Assessments, PSOPs and Safe Systems of Work are in place to ensure a safe work environment for both staff and customers.
- A basic understanding of the laws and industry guidelines that you and your team need to comply with.
- Awareness of the roles and responsibilities in emergency situations within a pool environment.
- An understanding of how to manage your team and provide feedback.



 To qualify, candidates must pass a multiple choice paper at the end of the course.



Course duration

2 Days

Refresher training

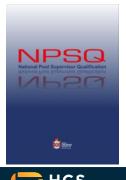
 Upon qualifying, the NPSQ certificate is valid for three years, and you must renew within the period of validity.

Please bring

 Just yourself, everything will be provided for you.

Publication(s)

 Delegates will be issued with a NPSQ manual.







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Course programme guide

Day 1 - Morning

- Introduction and administration
- •Health and safety at work act 1974
- •Additional regulations; MHASAW, COSHH, PPE, manual handling, PUWER
- •Additional regulations continued; RIDDOR, RRFSO
- •Guidance; HSG179
- •Working time regulations
- Young persons
- New & expectant mothers

Day 1 - Afternoon

- •Risk assessments; hazards, risk, control measures
- Dynamic risk assessment
- •Safe systems of work (SSOW)
- •Pool safety operating procedures (PSOP)
- •Course recap
- •Homework; dynamic risk assessment, recap questions, read/review

Day 2 - Morning

- Recap homework & day 1
- •Induction training; competency, shadow shifts, ongoing training
- Responsibility and accountability
- •Lifeguard standards; uniform, poor lifeguard standards, feedback
- Monitoring standards

Day 2 - Afternoon

- •Basic HR principles; disciplinary, grievance, absence, safeguarding, equality & diversity
- •Your role in an emergency
- Accident/incident reporting
- Preventing reoccurrences
- •Serious incident management
- Assessment
- Results
- Feedback
- •What happens next...

